



What conditions may be assessed via Telemedicine?

All Ontario patients are entitled to speak with the doctor via OTN, however, not all cases can be completely assessed via Telemedicine. Review our list of included and excluded services prior to your visit.

Approved for Telemedicine

- Allergy symptoms of nose and eyes
- Blood Glucose & Blood Pressure Check
- Bug Bites, Poison Ivy, Eczema, Psoriasis or Mild Sunburn
- Cold Sores or Cankers on face, mouth, or lips (non-genital)
- Cold, Upper Respiratory Infection, Sore Throat or Flu-Like Symptoms
- Diarrhea
- Ear Infection, Earache, or Swimmers Ear, Hearing Tests
- Eye Infection, Pinkeye or Styes
- Female Urinary Tract Infection
- Head Lice
- Infected Toenail or Fingernail
- Medication Renewal (no controlled or addictive medications)
- Minor Burns
- Minor Rashes (e.g., Impetigo, Shingles, Ringworm)
- New Onset Cough
- Pregnancy Test, Birth Control Renewal, Birth Control
- Advice or IUD Prescription
- Specialists or Allied Health Referrals (e.g., massage therapy, physiotherapy)
- STI Screening
- Sinus Infection or Sinusitis
- Review Test Results
- Work Notes or Medical Certificate

NOT Suitable for Telemedicine

- No children under 4 years of age
- No narcotic renewal or prescription
- No controlled substance renewal or prescription
- No abdominal pain
- No chest pain
- No pelvic/genital/rectal/breast exams
- No suturing
- No Psychiatric problem
- No emergency symptoms including (Dial 911 locally):
 - chest pain
 - shortness of breath
 - abdominal pain
 - allergic reaction
 - choking
 - altered state of consciousness
 - head or neck injury

Book Your Telemedicine Appointment Today.