

## Frequently Asked Questions

### I'm due for a Pap. Will that be completed at this appointment?

Your Pap appointment should be booked separately by calling us or booking through Appletree's Patient Portal.

### The doctor gave me a requisition for a mammogram. Who do I book this appointment with?

The Ontario Breast Screening Program provides a list of all locations offering this service. Choose a location that works best for you and call to book an appointment.

### I didn't receive my FIT kit in the mail like the doctor said I would.

Please contact LifeLabs at 1-833-676-1426.

### Are all of the recommended vaccines covered by my provincial health insurance?

Not all recommended vaccines are funded by OHIP. For those that are not covered, an itemized receipt will be provided at the time of purchase that can be submitted to your private health insurance plan for reimbursement.

Visit our Patient Resources page online at [AppletreeMedicalGroup.com/Patient-Resources](http://AppletreeMedicalGroup.com/Patient-Resources) to view our vaccine price list for unfunded vaccines.



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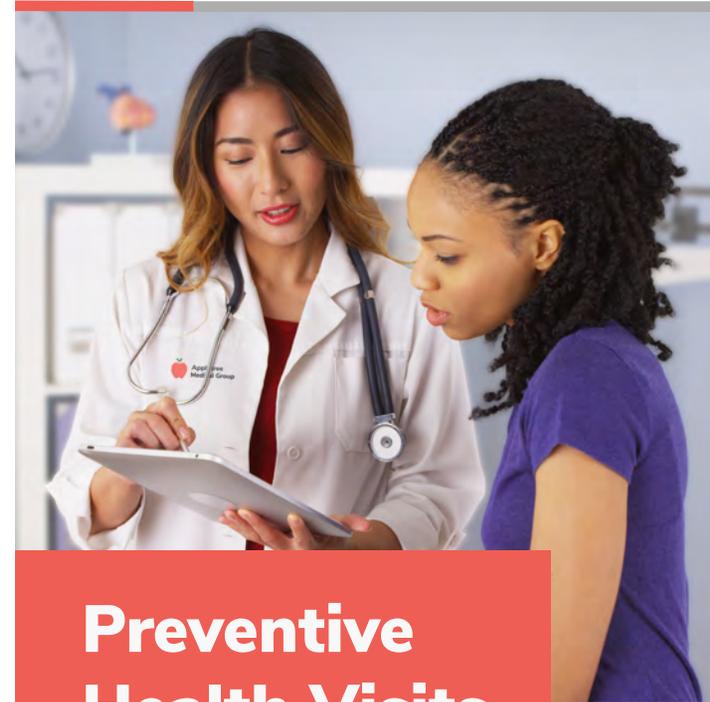
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## Get Preventive Health Care Today

Preventive health visits are available by appointment only.



**AppletreeMedicalGroup.com**



## Preventive Health Visits

Book by Phone 

Book Online Via our Patient Portal 

**What You Need To Know About Preventive Health**

# Preventive Health

## What is a Preventive Health Visit?

Preventive health care provides patients with a range of services designed to help prevent a variety of common or chronic health conditions. These services may include counselling, screenings, immunizations and other strategies to support long-term health and well-being. Preventive health visits are conducted annually and can begin at the age of two.

## What Happens During This Visit?

During your visit, we will update all your immunizations. Depending on your age and sex, cancer screening tests may be ordered. We will also take this opportunity to update your medical record to ensure that all relevant medical history is recorded on your chart.

The doctor will make notes on your general appearance and then check your vital signs: temperature, pulse, and blood pressure. Height and weight will be measured and recorded on your chart.

Additional testing such as a snellen test, hearing test, or urine test may be completed if indicated.

## Why Should I Book a Preventive Health Visit?

Preventive health visits will help you avoid developing long-term health conditions. They also play an important role in identifying and treating diseases at an early stage and slowing or stopping the progression of diseases.

## How May I Benefit from a Preventive Health Visit?

Patients who do not have regular visits with a physician would benefit from a Preventive Health Visit. Depending on your age, gender, and risk factors there are different screening options available to determine and/or prevent many illnesses. The frequency of this type of visit would depend on your health conditions and should be determined by your physician. OHIP will cover a Preventive Health Visit once per year.

## Will the Doctor Review Any Health Concerns During This Appointment?

If you have current health concerns that you wish to discuss with a physician, please arrange a separate appointment time. This visit is focused solely on preventive health.

## What To Expect



### Book Your Appointment

Preventive health visits are available at several Appletree Medical Centres. You will require an appointment for this visit.



### During the Appointment

Our team of healthcare professionals will complete any required assessments and ensure that you have all the necessary requisitions.



### After Your Appointment

We will provide you with online access to all of your medical results and reports through our secure and confidential Patient Portal, so that you may access them from anywhere, at any time.

## Preventive Health Visits Are Available Via



✓ In-Clinic

